

The **17 BEST** bike trails

in the **TWIN CITIES**



Your one-stop online source for

nature-based recreation in the Twin Cities

The Twin Cities is **LOADED** with paved bike trails. Here are 17 of the best...

Anoka County

RICE CREEK NORTH REGIONAL TRAIL

Lino Lakes/Arden Hills • 14 miles

COON CREEK REGIONAL TRAIL

Coon Rapids • 6 miles

MISSISSIPPI RIVER REGIONAL TRAIL

Coon Rapids • 19 miles

Continues southeast through the Twin Cities

Dakota County

MISSISSIPPI RIVER TRAIL

South Saint Paul to Hastings • 27 miles

(some incomplete portions)

RIVER-TO-RIVER GREENWAY

Mendota Heights/West Saint Paul/South Saint Paul

7.5 miles

Hennepin County

BAKER PARK RESERVE

Maple Plain • 12.5 miles

BRYANT LAKE REGIONAL PARK

Eden Prairie • 12.5 miles

ELM CREEK PARK RESERVE

Maple Grove • 30 miles

GRAND ROUNDS NATIONAL SCENIC BYWAY

Minneapolis • 51 miles of both urban and natural areas

LUCE LINE STATE TRAIL

Plymouth west to Meeker County • 63 miles

MINNEAPOLIS CHAIN OF LAKES REGIONAL PARK

Minneapolis • 15 miles of busy but lovely urban trails

Ramsey County

GATEWAY STATE TRAIL

Saint Paul to Pine Point Park, Stillwater • 18 miles

HIDDEN FALLS REGIONAL PARK

Saint Paul • 7 miles

SAM MORGAN REGIONAL TRAIL

Saint Paul • 9 mile scenic urban trail

Scott County

MINNESOTA VALLEY STATE TRAIL

Shakopee to Chaska • 27 miles of both paved and unpaved trails

Washington County

BROWN'S CREEK STATE TRAIL

Grant to Gateway State Trail • 6 miles

GATEWAY STATE TRAIL PARK

Pine Point Park to Saint Paul • 18 miles

5 Best Parks for Single-Track (mountain biking)

LEBANON HILLS REGIONAL PARK

Dakota County

ELM CREEK PARK RESERVE

Hennepin County

THEODORE WIRTH REGIONAL PARK

Hennepin County

CARVER LAKE PARK

Carver County

MURPHY-HANREHAN PARK RESERVE

Scott County

Want even **MORE** biking options?



• 54-page PDF Guide

• State, regional and county parks & trails in the metro area

• Winter biking

• Local rentals and more

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